



Southampton Sight
supporting people living with sight loss

SIGHT AWARENESS - SENSORY CHALLENGES

DRAWING A FACE CHALLENGE

What you need –

A large sheet of paper

A felt tipped pen, crayon or pencil

A scarf to use as a blindfold (or you can just close your eyes)



What to do –

1. Place the paper on the table in front of your child.
2. Let them sit so they will be able to draw easily.
3. The child puts on the blindfold or closes their eyes tight.
4. The adult reads the following instructions

Draw a big circle on the paper to make a head shape.

Draw two circles to make eyes.

Put a dot in the middle of each circle.

Draw a shape for a nose just below the eyes.

Make a big smiley mouth under the nose.

Draw ears at both sides of the big circle head shape.

Add some hair at the top.

5. Remove the blindfold/open your eyes.

- WHAT DOES YOUR FACE PICTURE LOOK LIKE?
- ARE ALL THE FEATURES IN THE RIGHT SORT OF PLACES OR NOT?
- YOU COULD TRY THE SAME ACTIVITY WITH DIFFERENT INSTRUCTIONS TO DRAW A HOUSE? A TREE? A FLOWER?

This activity helps children understand more about the sense of sight. It highlights that people who have visual impairment or sight loss, may visualise things differently to someone with normal vision.